



FOR IMMEDIATE RELEASE:

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Mert's Heart and Soul Announces New Menu Items

Charlotte, NC – James Bazzelle, owner and executive chef of Mert's Heart and Soul, today announced that the restaurant has added the following new items to its award-winning menu:

- Roasted lamb chops
- Jumbo chicken wings
- Steamed cabbage
- Black-eyed peas
- Fried green tomatoes
- Grilled salmon with Creole sauce or blackened seasoning
- A southern sampler appetizer featuring fried green tomatoes, wings, salmon cakes, and cornbread
- A soul sampler featuring ribs, buttermilk chicken tenders, soul rolls, and cornbread
- And a BBQ ribs appetizer

All new items are available seven days a week during lunch, dinner, and weekend brunch.

Bazzelle said that the new items were previously offered as specials, and became customer favorites.

"We're excited to bring these new dishes to the table," said Bazzelle. "We're always looking for ways to better serve our customers, and make their dining experience at Mert's Heart and Soul as enjoyable and memorable as possible."

To preview the Mert's Heart and Soul menu visit <http://mertscharlotte.com/ourmenu.html>. The restaurant is located in the heart of Uptown Charlotte at 214 N. College Street. For more information visit www.mertscharlotte.com or call 704.342.4222.

Multimedia:

Video: [James Bazzelle discussing new menu](#)

Video: [Lamb chop cooking demo](#)

Video: [Buttermilk chicken tender cooking demo](#)

Twitter: www.twitter.com/mertscharlotte

Flickr: www.flickr.com/mertscharlotte

Mert's Heart and Soul is one of the premier dining destinations in the Carolinas. The restaurant specializes in southern, Low Country and Gullah favorites, including shrimp and grits, southern fried chicken and award-winning macaroni and cheese. Mert's is located in the heart of Uptown Charlotte at 214 North College Street. Mert's is open for lunch and dinner seven days a week. Brunch is served every Saturday and Sunday from 9AM – 3PM. For more information call 704.342.4222 or visit www.mertscharlotte.com.