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**Mert's Heart and Soul To Offer Holiday Cooking Tips**

*Public can submit their questions until December 15<sup>th</sup> at [www.mertscharlotte.com](http://www.mertscharlotte.com).*

**Charlotte, NC** – James Bazzelle, owner and executive chef of Mert's Heart and Soul, today announced that he will offer cooking and recipe advice to the public during the holiday season. The public can submit their questions online at [www.mertscharlotte.com](http://www.mertscharlotte.com) until December 15, 2008. Questions will be answered on a weekly basis and select responses also will be posted online.

"One of the things I'm always asked about is cooking and recipe tips," said Bazzelle. "With it being the holiday season, I felt this would be a great time to offer cooking and recipe advice to our customers and the public in general. Hopefully, we can help people cook up some great dishes over the next few weeks."

Joining Bazzelle to help dispense advice will be his daughter, Tia Bazzelle, who serves as a chef/manager at Mert's. She is a graduate of Johnson & Wales University and frequently participates in cooking demos across the Charlotte area.

For those taking a break from cooking on Thanksgiving, Mert's Heart and Soul will once again offer its popular deep fried turkey, sides, and dessert catering options. Orders must be placed by Monday, November 24<sup>th</sup> at 5:00pm and will be available for pick up on Thanksgiving morning. For a full menu visit [www.mertscharlotte.com](http://www.mertscharlotte.com).

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*Mert's Heart and Soul is one of the premier dining destinations in the Carolinas. The restaurant specializes in low country and Gullah favorites, including shrimp and grits, southern fried chicken and award-winning macaroni and cheese. Mert's is located in the heart of Uptown Charlotte at 214 North College Street. Mert's is open for lunch and dinner seven days a week. Brunch is served every Saturday and Sunday from 9AM – 3PM. For more information call 704.342.4222 or visit [www.mertscharlotte.com](http://www.mertscharlotte.com).*